Bulletin

NOVEMBER 2022

Where every day is like your class reunion!
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>President’s Letter</td>
<td>1</td>
</tr>
<tr>
<td>General Manager’s Letter</td>
<td>2</td>
</tr>
<tr>
<td>Elected Members</td>
<td>4</td>
</tr>
<tr>
<td>Events</td>
<td>7</td>
</tr>
<tr>
<td>Athletics</td>
<td>24</td>
</tr>
<tr>
<td>Elected Commonwealth Members and Referrals</td>
<td>34</td>
</tr>
<tr>
<td>Member Milestones</td>
<td>35</td>
</tr>
<tr>
<td>Board of Governors and Staff Directory</td>
<td>37</td>
</tr>
<tr>
<td>Hours of Operation</td>
<td>38</td>
</tr>
<tr>
<td>HCB Helpful Links and Information</td>
<td>39</td>
</tr>
<tr>
<td>Diversity, Equity &amp; Inclusion Affirmations</td>
<td></td>
</tr>
<tr>
<td>Mission &amp; Values</td>
<td></td>
</tr>
</tbody>
</table>

DEAN SERIES: TOMIKO BROWN-NAGIN

HARVARD-YALE FOOTBALL VIEWING PARTY

THANKSGIVING CELEBRATION

ATHLETICS FREE TRIAL IN NOVEMBER
Dear Fellow Members,

Let the fun begin! November begins the season of recognitions and celebrations at the Harvard Club. Some highlights this month include: Member Appreciation Gala (11/5), Harvard Club of Boston founder Henry Higginson’s 188th birthday (11/18), 138th Harvard-Yale Football Game (11/19), Harvard Football Dinner (11/21), and Thanksgiving in Harvard Hall.

There are a host of engaging events of every variety and for many interests this November. We hope you will join us as much as you can. Please use our app or website to register. The month starts with a noteworthy event sponsored by the Harvard Alumni Association - “Harvard Moves: 5K Your Way” (11/3-11/6). This event supports financial aid for Harvard College students.

Our clubhouse has been quite busy since the start of the fiscal year in September. Many of our events have been directly or indirectly connected with Harvard University. We strive to strengthen our connection with Harvard and serve as a place that fosters community for alumni to engage with fellow members and the University. One event that was recently held at our clubhouse was a reunion celebrating the 65th anniversary of Harvard Student Agencies. Those of you who know the HSA, know the importance of the organization in the lives of Harvard students. HCB member, Mike Cronin ’75, gb ’77 and Club Treasurer has and continues to be a leader in the success and transformation of the HSA. It would be fair to say that without Mike’s efforts in 1975, the HSA may not exist today. Thanks Mike, for your leadership at the HSA and everything you do for the Harvard Club of Boston.

The Harvard Prize Book Award Breakfast returned for its 28th year in October after a two year hiatus due to COVID. It was a joyful experience to have Harvard Hall filled with the award winners, teachers and parents. As defined by the Harvard Alumni Association, the Prize Book is awarded to an outstanding student in the junior class “who combines excellence in scholarship and high character, with achievement in other fields.” The Harvard Prize Book is offered annually to 1,900 schools around the world. Congratulations and thanks to Prize Book Committee members, Dr. Barbara Pulaski ph’73, Chair, Paul Brennan ’67, Louis DiBerardinis, ph ’75, Philip Haughey ’57, Lidija Ortloff ’82 and Karen Van Winkle ’80 for their dedication working with the schools and organizing a wonderful celebration. Many kudos to HCB staff members Cheryl Moderski and George Laham for all their hard work supporting the committee and schools.

Also, late last month, the Harvard Alumni Association held its annual Alumni Leadership Conference. HCB members, Matt Hegarty ’82 and Bob Manson MPA ’04 received the Outstanding Harvard Alumni Volunteer Award. Matt and Bob were instrumental in creating the virtual Allyship Series which gave many Harvard SIG’s and communities a platform for important topics during COVID. Congratulations Bob and Matt, thank you for your leadership.

Friday, November 11 is Veterans Day. Please consider taking a moment to reflect on the service and sacrifice our service members have made in protecting our country. Our club is hosting a Veterans Day event on Wednesday November 9 featuring Rear Admiral Richard O’Hanlon (Retired), United States Navy. On November 10, The T. H. Chan School of Public Health is hosting a “Veterans Day Tribute: Honoring All Who Served”. On November 11, the Harvard University Veterans Organization is hosting an Annual Veterans Day Challenge. We thank all our military who have served and continue to serve our nation.

Over the past couple of months, it’s been a pleasure to welcome back returning members, as well as welcome new members. The richness of the Harvard Club of Boston is the multi-disciplinary and intergenerational nature of our collective membership. A place where we can continue our Harvard experience, have fun and learn from each other. We are as strong as our engagement and willingness to contribute to our club community. One way to get more involved and enjoy each other’s fellowship is to join one of our Special Interest Groups (SIG). SIGs are member created and managed. For more information on current SIGs or starting a SIG, please contact Samantha Levine, Member Events Director at slevine@harvardclub.com.

Many thanks to all of you for choosing to be members of our beloved Club. Your loyalty and support make us thrive as a community, onward together. If you have questions or suggestions, please contact me directly via president@harvardclub.com.

Best regards,

Marcus O. P. DeFlorimonte gb ’95, pmd
President, Harvard Club of Boston
Dear Harvard Club of Boston Membership,

“Why Can’t We Reopen Our Dining Venues To Pre-Pandemic Service Levels?”

This is an excellent question, and I thought this was an opportune time to communicate the challenges we are facing in the hospitality labor market. We have worked extremely hard over the last 18 months to make Veritas, our signature restaurant, an excellent experience for you and your guests. While we are committed to opening a second full dining restaurant, I wanted to provide some context.

The COVID-19 pandemic hit the hospitality industry and private city, dining, and athletic clubs especially hard. Early on in the pandemic, facility shutdowns led to lay-offs and terminations, and many of those employees found new careers. We were fairly fortunate at the Harvard Club as a large percentage of our union workforce was excited to return to work and maintain their seniority. However, like all industries, we have turnover, and that is when the challenge becomes serious.

According to the National Restaurant Association, 78% of restaurant owners across the U.S. say they don’t have enough employees to support customer demand. Employment data shows that a record number of Americans, 4.5 million, quit their jobs in November 2021, and 1 in 16 of those people were leisure and hospitality workers. That’s 6.4% of the industry that left in a single month, and the resignations are not expected to slow down. I am certain you have observed the labor shortage yourself (i.e., Starbucks closing early, the bar being closed at Bertucci’s, or a hotel restaurant that is now either closed or only open Tuesday through Saturday). It’s now common to see restaurants post that the hospitality labor shortage has forced them to reduce their hours or close on days when they don’t have enough staff.

Almost two years after the COVID-19 pandemic began, the hospitality labor shortage still isn’t over. Despite there being plenty of jobs available and brisk hiring, 7 out of 10 hospitality operators report that they still can’t find enough employees.

Unfortunately, the National Restaurant Association’s State of the Industry Mid-Year Update predicts that the labor shortage in 2022 will continue throughout the year. In fact, three out of every four restaurant owners say that hiring and retaining employees is their biggest challenge.
The hospitality industry is in a difficult state. According to the National Restaurant Association, they expect that the restaurant sector won’t ever fully return to its pre-pandemic state. Adding to the labor challenge is the cost of labor and associated benefits, along with the rising cost of food and beverage we are all experiencing. We are sensitive to the cost of dining out and are doing our very best to provide you and your guests value when it comes to our food and beverage menu pricing.

Please trust we are focusing on this challenge and as soon as we have the labor force to provide the level of service you deserve, we will expand hours of operation and reopen our dining venues to pre-pandemic levels.

In ending, I look forward to seeing many of you at our Annual Gala on Saturday, November 5th.

Please contact me directly at 617-450-8400 or scummings@harvardclub.com if I can be of service to you!

Sincerely,

Steven P. Cummings
CCM, CCE
General Manager
Elected Full Members for September, 2022

HARVARD COLLEGE
James Aisner ’68
Davis Bailey ’22
Jeffrey Bartel ’88, gb’05
Michael Bervell ’19, gb’24
Grace Bida ’26
Brent Blackaby ’96
Gabrielle Burton ’92
Scott Chatley ’22
Kevin Chen ’22
Kenneth Chien ’73
Adam Corcoran ’22
Brendan Corcoran ’07, MIT’20
Joaquin Cortiella ’76, ph’81
Guillermo Delso ’22
Marion Dry, R’73
Alexander Gardiner ’06
Rebecca Gilmore ’22
Howard Huang ’26
Daniel Hughes ’18
Emma Humphrey ’22
Victor Hwang ’93
Edward Kranz ’84
Scott Levy ’94
Jerrica Li ’22
Elysia Li ’22
Melissa Ma ’92, gb’96
Michael Margolies ’58
Kathleen McDonnell ’01, ged’07
Gregory McDouglas ’14
Bernard McNamara ’96, gb’01
William Mitchell ’92
Cecily Morse, R’62
Cara Natterson ’92
Olivia Novick ’17, ks’23
Andrew Spielmann ’25
George Thampy ’10

HARVARD BUSINESS SCHOOL
Ajit Chavan, gb’22
Neil Exter, gb’92
Alexandre Karam gb’11
Justine Lee, gb’22
Victoria Liem, gb’22
John Power, gb’74
Ashley Reid, gb’22
Sophia Robertson-Lavalle, gb’22
Patrick Steiger, gb’22
James Zhao, gb’24

HARVARD DIVINITY SCHOOL
John Coggin, dv’11
HARVARD EXTENSION SCHOOL
Jade Refuerzo, exg’21
Margarita Rivera, exg’22
Heidi-Freifrau von Stein, exg’23
Kelly Wang, exg’18
Hongchao Wang, exg’22

HARVARD GRADUATE SCHOOL OF ARTS AND SCIENCES
Alexandra Amati, g’91, g’94
David Cifrino, ALI’21
Cathy Frierson, g’78, g’85

HARVARD GRADUATE SCHOOL OF EDUCATION
Annette Barile, ged’22
Amina Elgamal, ged’22
Maria Fabella, ged’22
Silvan Griffith, ged’22
Arnelle Jones, ged’22
Erica Joos, ged’22
Andrea Lewis, ged’22

John McShane, ged’22
Allyson Osorio, ged’22
Rachel Parker, ged’22
Lindsey Pockl, ged’22
Hanna Rodriguez-Farrar, ged’05, ged’13
Sapna Saleem, ged’22
Ja-Hon Wang, ged’22

HARVARD GRADUATE SCHOOL OF EDUCATION
Recep Bildik, ks’07
Diana Perez Buck, ks’22
Westerly Gorayeb, ks’22

HARVARD KENNEDY SCHOOL OF GOVERNMENT
Erika Fine, l’80
Wendy Pangburn, ks’86
Jared Smelser-Dearing, ks’22
Roopal Thaker, ks’03, dv’05

HARVARD LAW SCHOOL
Dong Kong, HMS faculty

MIT
Phillip Daniel, MIT’13, MIT’15, MIT’21
Bomee Jung, MIT’07
Anuja Kadian, MIT’22
Noah Lewis, MIT’06
Andrew Nader, MIT’23
Elizabeth Wright, MIT’26

TUFTS UNIVERSITY FLETHER SCHOOL OF LAW & DIPLOMACY
Christian Breitenstein, fle’14

YALE
Jennifer Carter, Y’86, m’90, ph’91, MIT’19

Martin Pusick, HMS faculty
Karl Swann, HMS faculty
Nishant Uppal, m’22, gb’22

T.H. CHAN SCHOOL OF PUBLIC HEALTH
Irfan Chaudhuri, ph’24
Randall Hyer, ph’87
Memorable Member Moments

October was an amazing month for members to expand their social and professional networks at exciting events like Oktoberfest Cocktail 374, Dining Etiquette, the Fall Foliage Cruise along the Charles River & Head of the Charles Regatta. Don’t miss out on your opportunity to get engaged this month. Take a look ahead at all the incredible events & activities – virtual and in person – that we have for you!
We are excited to welcome back Boston Conservatory at Berklee for an exclusive night with the rising stars of the Conservatory’s world-renowned musical theater program. Dean of Theater Jermaine Hill, who has earned the coveted Duke Ellington Award and the Joseph Jefferson Award for Best Music Direction, and the Executive Director Lucinda Carver, will provide context for the performances. During intermission, you will have the chance to mingle with them and their talented students over drinks and hors d’oeuvres.

NOVEMBER 7TH | 6:00PM – 8:00PM | MASSACHUSETTS ROOM

An Evening of Musical Theatre with Boston Conservatory at Berklee

Price per person: $25 (plus *Club charge & tax)
Includes light reception fare and performances. Member bar will be available.

Register here
Book Club Featuring All That She Carried

The Journey of Ashley’s Sack, a Black Family Keepsake

NOVEMBER 8TH | 7:00PM – 8:00PM | VIRTUAL EVENT

Join fellow members to discuss Tiya Miles’ National Book Award winner, All That She Carried, a poignant story of resilience and of love passed down through generations of women against steep odds. It honors the creativity and fierce resourcefulness of people who preserved family ties even when official systems refused to do so, and it serves as a visionary illustration of how to reconstruct and recount their stories today.

This virtual event is offered at no charge as a benefit of your membership. Registration is required.

Register here

Ukraine Today, Taiwan Tomorrow?

A CONVERSATION WITH BERNARD HO

NOVEMBER 9TH | 6:30PM – 8:30PM

PRESIDENT’S ROOM

Engage in a conversation with firsthand accounts and insight from Bernard Ho MIT ’06, HCB Board of Governor member, about the latest developments throughout Asia. Mr. Ho, a naturalized American citizen, was born in Hong Kong and will share his perspective on historical, political and economic findings in China, Hong Kong, Taiwan and the United States.

Price per person: $45 (plus *Club charge & tax). Includes three-course meal. Member bar available.

Register here
Veterans Day Lecture with Richard O’Hanlon, Rear Admiral, US Navy (Ret.)

NOVEMBER 9TH | 5:30PM – 6:30PM | MEMBER WORKSPACE

The eminent United States Navy Rear Admiral Richard J. O’Hanlon (retired) will provide us with an update on developments in the U.S. Navy and offer his reflections on the meaning of Veterans Day and the bravery and sacrifice of veterans. HCB is deeply honored to feature Admiral O’Hanlon, recipient of the Defense Superior Service Medal, five Legions of Merit, Bronze Star Medals (two awards), Meritorious Service (three awards) and Navy Commendation Medals. Attendees who are veterans are encouraged to wear military decorations and you are welcome to invite guests to gather for this special event.

This in-person event is offered at no charge as a benefit of your membership. Registration is required.

Register here
In our latest Author Series event, Graham Honaker and Jerry Logan are coming to HCB to talk to us about their latest book, *Unbracketed: Big-Time College Basketball Done the Right Way*, which explores how Villanova, Gonzaga, Davidson and Loyola Chicago have pulled the biggest upset - turning the Cinderella story into a lasting narrative of big-time college athletics done the right way. In the words of CBS broadcaster Jim Nantz – this book paints, “... the perfect picture of how college basketball can still feed our soul and inspire us.”

*This in-person event is offered at no charge as a benefit of your membership. Registration is required.*

**November 10th | 6:30pm – 8:00pm | Member Workspace**

Register here
Show Your Celtic Pride

NOVEMBER 11TH  |  7:00PM – 10:00PM  |  TD GARDEN

Trade your crimson for Celtics green and get ready to cheer on Jayson Tatum, Marcus Smart and the rest of the Boston Celtics as they take on the Denver Nuggets at TD Garden. And the best part? You get to watch the game with fellow HCB members and friends!

Price per person: $65

Register here
Breaking Color & Gender Barriers in Politics and Law

NOVEMBER 14TH | 6:00PM – 7:30PM | MASSACHUSETTS ROOM

Tomiko Brown-Nagin, Dean of the Harvard Radcliffe Institute, will lead a spirited discussion about her latest book Civil Rights Queen: Constance Baker Motley and the Struggle for Equality. The book explores the life and times of U.S. District Judge Motley’s journey to becoming a pathbreaking lawyer, politician, and judge. Dean Brown-Nagin will be joined in conversation by The Honorable Patti B. Saris ’73, JD ’76.

This in-person event is offered at no charge as a benefit of your membership. Registration is required.

Register here
Embrace Emotions At Work

NOVEMBER 15TH | 12:00PM – 1:00PM
VIRTUAL EVENT

We all have emotions at work, but we don’t always know how to use them to our advantage. Liz and Mollie, co-authors of the bestselling books Big Feelings and No Hard Feelings, will lead an engaging, interactive workshop that outlines tactical tips for how to effectively embrace emotions as a leader, successfully combat burnout, and how to establish healthy habits for yourself and your team.

This virtual event is offered at no charge as a benefit of your membership. Registration is required.

Register here

What Happened in the 2022 Midterm Elections?

NOVEMBER 16TH | 1:00PM – 2:00PM
VIRTUAL EVENT

Stephen Ansolabehere, Frank G. Thompson Professor of Government at Harvard University, will assess the 2022 election results and explain how they will impact the political, economic and social structure. Ansolabehere’s election expertise has been seen on CBS News Election Decision Desk and he is the Director for American Political Studies at Harvard.

This virtual event is offered at no charge as a benefit of your membership. Registration is required.

Register here
Movie Night with Ski Club

NOVEMBER 16TH | 7:30PM – 10:00PM | EXCURSION

Carve out your night and join the Ski Club SIG as they kick off the 2022-23 Ski Season with a group outing to watch U.S. Ski Hall of Famer Warren Miller’s 73rd annual ski and snowboard film, Daymaker. With more than 750 sports films to his credit, Miller will take you on a journey to peaks so high, that they’ll replace the mountains in your mind with ones that free your mind.

Members will buy their own ticket for the film, but can join the group for dinner in Veritas at 5:00pm.
The Legacy of The Game

NOVEMBER 16TH | 6:00PM – 7:00PM | MEMBER WORKSPACE

One of the greatest football historians of our lifetime will be making a special visit to HCB. Pulitzer Prize winner John Powers ’70, author of the Third H Book of Harvard Athletics, will offer a riveting 137 year history of The Game through vivid storytelling that celebrates the legacy of Harvard-Yale Football.

This in-person event is offered at no charge as a benefit of your membership. Registration is required.

Register here
Entrepreneurs Roundtable  
THE STORY OF UMBULIZER INC.

NOVEMBER 17TH  | 6:00PM – 7:30PM  
MEMBER WORKSPACE

Come chat and learn from Shaheer Piracha, the Co-founder and President of Umbulizer Inc. The Cambridge-based medical device company was founded out of the Harvard i-lab and one of its flagship products is a low-cost, portable ventilator. Today, these portable devices are deployed internationally in ICUs, ERs, and ambulances, and are used to safely transfer critically ill COVID and non-COVID patients.

Price per person: $30 (plus *Club charge & tax)

Register here

Let’s Talk Equality

NOVEMBER 18TH  | 8:00AM – 9:00AM  
VIRTUAL EVENT

Enjoy thoughtful discussion at November’s Public Policy Book Club featuring Thomas Piketty’s, A Brief History of Equality. We will explore how human societies have moved fitfully toward a more just distribution of income and assets, a reduction of racial and gender inequalities, and greater access to health care, education, and the rights of citizenship.

This virtual event is offered at no charge as a benefit of your membership. Registration is required.

Register here
Get Crimson Game Ready

If you are looking to rock your Crimson pride for The Game, take advantage of one of our many member benefits. Our members receive a 15% discount at the Harvard COOP online store when they enter the discount code HCBMEMBER at checkout. If you are already a COOP member, you are eligible for both discounts for a total of 25% off.

Click for Member Benefits
If you don’t have tickets to The Game or want to enjoy the game in the comforts of your club, make ClubPub your personal tailgate at our viewing party. From 11:00am to 3:00pm we will be serving a tailgate-inspired menu of Chef’s pub bites for you to enjoy while we cheer on the Crimson together.

Registration is required with a cost of $20 per member and each guest.
We have your Harvard-Yale experience all planned out. Here is how you can enjoy The Game at our Back Bay clubhouse from start to finish.

Pre-Game in ClubPub
NOVEMBER 18TH | 4:00PM TO 9:00PM | CLUBPUB
Relive past victories and tell stories of glory days in ClubPub over complimentary appetizers - from 5:30pm to 7:30pm – and frosty beverages. No reservations needed.

Official Viewing Party
NOVEMBER 19TH | 11:00AM TO 3:00PM | CLUBPUB

Post-Game in ClubPub
NOVEMBER 19TH | 3:00PM TO 6:00PM | CLUBPUB
Our Post Game Party in ClubPub will feature complimentary coffee and desserts. No reservations needed.

Register for Viewing Party
Thanksgiving Celebration

NOVEMBER 24TH | MULTIPLE SEATING TIMES | HARVARD HALL

There are still seatings available for our annual Thanksgiving Feast which will be hosted at Harvard Hall. Our culinary team will be creating a scrumptious feast of both traditional and creative Thanksgiving dishes.

We enjoy being a part of your holiday experience, so reserve your spot today and let us do the cooking for you. Seating times are available at 11:30am and 12:00pm.

Make Reservations & View Menu
The Real Estate SIG will be joined by Boston City Councilor for District 8, Kenzie Bok in this month’s virtual meeting. District 8 is made up of the Mission Hill, Kenmore, Fenway, Back Bay and Beacon Hill neighborhoods of Boston. As a former Senior Advisor for Policy and Planning at the Boston Housing Authority and currently serving on the board of the Massachusetts Affordable Housing Alliance (MAHA), Ms. Bok will provide key insights to the Boston real estate market.

This virtual event is offered at no charge as a benefit of your membership. Registration is required.

Register here

Strategizing & Thriving in the Boston Real Estate Market

NOVEMBER 29TH  |  6:00PM – 7:00PM
VIRTUAL MEETING

Crimson Hat Society Luncheon

NOVEMBER 30TH  |  12:00PM – 1:30PM
VERITAS

Join us for a lunch time meet-up of the Crimson Hat Society. This special interest group is for female members and spouses aged 60 and over to have your own club within our Club.

Registration is required for this event. Food and beverage fees will be charged directly to member accounts.

Register here
Member Activities

First Friday Game Night
NOVEMBER 4TH | 6:00PM – 8:00PM

Grab your friends and come hangout in ClubPub for our monthly game night! Featured this month is Pickleball on Court #1. Bring your white-soled shoes and be ready to experience the fastest-growing sport in the world. We will also have darts, billiards, corn hole, ping pong, Xbox and table games.

To complement your favorite frosty beverage, we will be serving Chef’s Choice pub bites until 8:00pm. There is no need to register... just show up and be ready to have a great time.

This in-person event is offered at no charge as a benefit of your membership.

Third Thursday Trivia Night
NOVEMBER 17TH | 6:00PM - 8:00PM

Name the coolest spot for Harvard grads to showcase their knowledge? Answer: ClubPub every 3rd Thursday for Trivia Night. Compete against your classmates and fellow HCB members for brainiac bragging rights each month. Chef’s choice of pub bites will be served until 8:00pm. Start recruiting your teammates and come up with a clever team name.

Registration is recommended for this complimentary event. Walk-in’s are welcome!

Register here
Special Interest Groups - SIGS

If you love to expand your professional and social networks and engage with like-minded Harvard grads, then joining or starting a SIG is a perfect opportunity to get active and engaged at HCB. We offer a diverse range of special interest groups that focus on real estate, entrepreneurship, family, biotech, music and many more.

Learn more about SIGs
Athletic Department

Hours

September 6, 2022 – May 28, 2023

MONDAY THROUGH THURSDAY
5:00AM – 9:00PM
Steam Room closes at 9:00PM
Locker rooms close at 9:30PM

FRIDAY
5:00AM – 8:00PM
Steam Room closes at 8:00 pm
Locker rooms close at 8:30 pm

SATURDAY & SUNDAY
8:00AM – 4:00PM
Steam Room closes at 4:00 pm
Locker rooms close at 4:30 pm

Holiday Hours

Veterans Day
Friday, November 11, 2022
5:00am - 8:00pm
Locker Room closes 30-minutes later

Thanksgiving Day
Thursday, November 24, 2022
8:00am - 11:30am
Locker Room closes 30-minutes later

Thanksgiving Holiday
Friday, November 25, 2022
5:00am - 8:00pm
Locker Room closes 30-minutes later
Health & Wellness
Athletics Free Trial in November

Start your commitment to health and wellness sooner rather than later. Our Athletic Department is offering a free month trial between November 1 and November 30. If you decide at that time to purchase an athletic membership for 2023, the rest of 2022 will be free of charge.

An athletic membership gives you all-inclusive access to a variety of benefits including:

- Comprehensive fitness center with full body strength machines, free weights & cardio equipment such as treadmills, ellipticals, row machines, stair climbers and stationary bikes
- Virtual fitness classes including strength, yoga & pilates
- Locker Room Access with private locker, showers and laundry service included
- Squash program & leagues

For an additional fee, HCB Athletic Members have access to MIT Department of Athletics and Recreational facilities, private or semi-private squash lessons, personal training and private yoga sessions.

Click here to register for your trial
Fall Virtual Fitness
Class Schedule

**Monday**
8:00 AM – Pilates Mat with Tanya Scott
12:00 PM – All Levels Yoga with Eva Sevian

**Tuesday**
7:00 AM – Yoga & Strength Training with Eva Sevian
8:00 AM – Lower Body Blast with Donna Terwal
12:00 PM – All Levels Yoga with Carmela Cattuti

**Wednesday**
7:00 AM – Core & More with Donna Terwal
9:00 AM – Upper Body Strength and Tone with Donna Terwal
12:00 PM – Pilates Mat with Tanya Scott
5:00 PM – Yoga & Core Strength with Eva Sevian

**Thursday**
5:00 PM – Pilates Mat with Tanya Scott
6:00 PM – Gentle Vinyasa Yoga with Eva Sevian

**Friday**
7:00 AM – Pilates Mat with Tanya Scott
8:00 AM – Tabata with Donna Terwal

**Coming in December:** Just in time for the winter chill, we will be adding a Pilates Mat class every Saturday starting at 8:00am

- Registration is required via the HCB website to receive the login credentials
- If you cannot attend a class you registered for, please cancel your reservation
- No classes on Holidays, see HCB website calendar for more details
- Please reach out to Valerie Phillips, Athletic Department Manager, for more details at: vphillips@harvardclub.com or 617-450-8485
Resistance training when done correctly will help maintain your flexibility and with a stretching routine can increase your range of motion. Even though resistance training does promote muscle growth it is very unlikely that you will get as big and developed as a body builder where your muscle size could affect your range of motion.

You can increase your lean body mass, therefore lowering your body fat. You will also increase or maintain your bone density making your bones stronger, helping to lower the risk for diseases like osteoporosis. This is important because as you get older your bones tend to get weaker, especially in women. Resistance training can also help to control your cholesterol.

We offer several complimentary resistance training classes weekly instructed by Donna Terwal: **Lower Body Blast, Upper Body Strength & Tone, Tabata and Core & More.**

[Click here to register]
Squash Box League!

Box league is a great way to meet new as well as current members while enjoying competitive matches. Boxes are made with four to six players in each box. All matches are self scheduled, so you get to play at a time that works for you and your opponent.

There will be five weeks to play as many if not ALL of your matches. After that time and depending on your win / loss ratio you may move up to the next level or stay where you are. Regardless you will be challenged by a new set of players or some players that may have had the edge over you the first time but hopefully not the second time!

Join in the fun and play some matches while meeting new opponents! **Sign up closes November 4th and the first rounds will start November 11th.**

Sign up today by emailing Sharon at sbradney@harvardclub.com.

The 2022 Robert Banker Cup Finals

**Friday November 18th**
Matches start 4:00pm
Final match 6:00pm

Come watch the teams battle it out for the 2022 Trophy. Presentations will follow the last match in the Club Pub, come join in the fun!
Our Annual Thanksgiving Round Robin is Back!

**Thursday November 24th**
8:00am – 10:00am

Come play some singles or doubles squash and work up an appetite for that delicious turkey meal! Sign up on Club Locker and challenge yourself against all different levels.

Saturday Morning Fall Junior Clinics

**Continues until December 10th 2022**

Sign up for our junior clinics which always incorporate racket skills, hand and feet coordination drills, match play, fun, games and fitness.

**Ages 5 - 9**
10:00AM - 11:00AM

**Ages 10 - 15**
11:00AM - 12:00PM

Sign-up is required. Please email Sharon Bradey at Sbradey@harvardclub.com for more information.
If you find yourself for work or play in Downtown Boston, you now have a home at the UMass Club. Located on the 32nd Floor at One Beacon, the facility is a place for our members to dine, drink, socialize, and relax during the week. It’s the perfect location to host clients or pregame before you head over to TD Garden to catch the Bruins or Celtics.

No credit cards are needed. All you need to do is present your HCB member number or name and all charges will be automatically appear on your monthly HCB statement.
Your Exclusive Harvard ClubPub

During the day grab a coffee and settle into one of our booths or tables and get work done or have a casual midday meeting with friends or colleagues. Beginning at 4:00 p.m. each day from Monday through Friday, ClubPub becomes your post-work escape where you can order thirst-quenching drinks and snack on chef’s-choice free appetizers. Our four TVs for great sports viewing and unlike any other bar in the city... we stream Harvard Athletic games all year long.

ClubPub Bar Hours
4:00pm – 9:00pm*

*Chef’s-choice complimentary appetizers are available daily from 5:30 pm to 7:30 pm except on Friday Game Night and Thursday Trivia Nights when appetizers will be available from 6:00pm to 8:00pm.
The Inn at Harvard Club

YOUR HOME AWAY FROM HOME

Experience Boston luxury without the Boston price tag. Our Back Bay location features 25 guest rooms that are newly appointed with the latest in comfort, style, technology, and amenities. The rooms are infused with the history of Harvard and are available for our members and their guests.

Book Your Stay
Hosting Your Work & Social Events

LET OUR CATERING TEAM MAKE YOUR HOLIDAYS BRIGHT

As the holiday season approaches, the Clubhouse will be bustling with activity at every level. Our culinary and service team are ready to work with our members to help plan and craft your work, family or social holiday event. Whether it’s a casual meal or a large-scale event, our team and facility are here for you.

Reserve Your Event
# Elected Commonwealth Members for September, 2022

<table>
<thead>
<tr>
<th>Ann Chesley</th>
<th>Meredith Nelson</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colin Dowd</td>
<td>Julia Turnbull</td>
</tr>
<tr>
<td>David Kvaratskhelia</td>
<td>Ekaterina Wright</td>
</tr>
</tbody>
</table>

# Referring Members

Thank you to those who have referred new members in September, 2022.

Joseph B. Darby, III, l'78

Hannah Gazdus, MIT’23

Edward Matson Sibble, Jr. ‘73

Richard Soo Hoo ‘72
Milestone Members for September, 2022

Robert S. MacArthur, gb’51, 70 year member
Michael J. Rotenberg ‘56, 65 year member
Terrence Murphy ‘63, 50 year member
John Osgood Field ‘62, 50 year member
Richard I. Morris, Jr. ‘71, 50 year member
Frank J. Wezniak, gb’59, 50 year member
Michael M. Wick ’66, g’70, m’73, 50 year member
Stephen Barrow ‘58, 45 year member
Douglas A. Donahue, Jr., gb’76, 45 year member
David C. Evans, Jr. ‘70, 45 year member
Robert Grant Murray, gb’75, 45 year member
Wellington Friend Scott, III ‘49, l’52, dv’67, 45 year member
Magdalena Tosteson, HMS faculty, 45 year member
Bahman Akhavan, gsd’82, 40 year member
Levin H. Campbell, Jr. ‘83, cas’95, 40 year member
John C. Littleford, g’70, cas’83, 40 year member
Shelby Morss, assoc., 35 year member
Norman Pacun, l’58, 35 year member
Bhagwan T. Shahani, HMS faculty, 35 year member
Mark C. Solakian ‘90, 35 year member
Robert M. Wadsworth, gb’86, 35 year member
Robert B. Cleary, Jr.’87, 35 year member
Make sure you add HCB to your social channels.
Like Us - Tag Us - Engage with Us & Each Other

Are you subscribed to our HCB texting circle? We’ll send news about Club happenings, upcoming events, special offers and so much more.
Join us by texting **START** to **1-866-937-5886**.
BOARD OF GOVERNORS

President
Marcus O. P. DeFlorimonte, gb’95, pmd

Vice Presidents
Susan Kendall, ’81, ks’99
Jillian C. McGrath, Legacy

Secretary
Edward Matson Sibble, Jr. ’73

Treasurer
Michael F. Cronin, ’75, gb ’77

House Committee Chair
Dr. Juan J. Carmona, Ph.D., g’10, ph’10, ph’14, m’16

Directors
Dr. Elizabeth Micci, Ed.D ’18
Anthony Consigli, ’89
Charles F. Cornish, Legacy
Andy S. Freed, ’90, ks’94
Michael Gaines, gb’96
Martin Grasso, ’78
Bernard Ho, MIT’06
Courtney S. Jacobovits, gsd’16
Philip Lovejoy, Legacy
Rev. Amy Norton, dv’16
David Rodriguez, YG’12
Jan Saragoni, ks’89

STAFF DIRECTORY

Back Bay Clubhouse
374 Commonwealth Ave.
Boston, MA 02215
617-536-1260
FAX: 617-536-0175

General Manager
Steven P. Cummings, CCM, CCE
617-450-8400
scummings@harvardclub.com

Billing Questions
Carla Licata
617-450-8448
clicata@harvardclub.com

Dining Reservations
Back Bay Clubhouse
617-450-4418

The Inn at the Harvard Club
617-536-1260

Catering
Jennifer Sepulveda
617-450-8498
jsepulveda@harvardclub.com

Member Events
Samantha Levine
617-450-8493
slevine@harvardclub.com

Member Services
617-450-4444

Athletics Department
Valerie Phillips
617-450-8485
vphillips@harvardclub.com

Squash Professional
Sharon Bradey
617-450-8481
sbradey@harvardclub.com
The Clubhouse will be closed for Veteran’s Day on Friday, November 11. Athletics will be open 5:00am – 8:00pm. Locker Room closes 30-minutes later.

Veritas will be closed on Thursday, November 24. Please sign up for our Thanksgiving Buffet.

**ATHLETIC HOURS OF OPERATION**
Monday – Thursday: 5:00AM — 9:00PM  
Friday: 5:00AM — 8:00PM  
Saturday & Sunday: 8:00AM — 4:00PM  
*Locker rooms close 30 minutes later*

**MEMBER COMMONS HOURS**  
Monday – Friday: 7:00AM — 10:00PM  
Saturday & Sunday: 7:00AM – 7:00 PM

**VERITAS HOURS**
**BREAKFAST**  
Monday – Friday: 7:00AM — 10:30AM  
Saturday Brunch: 10:30AM – 2:30PM

**LUNCH**  
Mondays – Friday: 11:30AM — 2:30PM

**DINNER**  
Tuesday – Saturday: 5:00PM — 9:00PM

**BAR MENU**  
Thursday – Saturday: Available until 10:00PM

**CLUBPUB HOURS**  
Monday – Friday: 4:00PM – 9:00PM  
Complimentary hors d’oeuvres from 5:30PM – 7:30PM

**INN AT HCB**  
Open 7 days a week

**CLUBHOUSE PHONE NUMBER**

(617) 536-1260
EVENT RESERVATIONS
Sign up for Club activities at harvardclub.com via our app, email memberevents@harvardclub.com, or call 617-450-4444.

CLUB CHARGE
Any fee or charge imposed by the Harvard Club for meal or beverage service, private functions or use of the Club’s facilities, including the Club Charge, pays for regular maintenance and restoration of the Club and other costs incurred by the Club. No fee or charge added to your statement for meal or beverage service, private function or use of the Club facilities is a tip, gratuity or service charge for wait staff, bartenders or service employees.

CANCELLATION POLICY
To cancel an event reservation, log on to harvardclub.com and select the event you want to cancel from your dashboard. Click the button at the bottom that says “CANCEL RESERVATION.” If you need assistance, call 617-450-8493. Unless a cancellation date is specified, cancellations made five days prior to the event will not be charged. Any cancellations after that deadline will be charged in full.

ATHLETIC WAIVER
All athletics members must submit a signed liability waiver in order to use the Club’s athletic facilities. Waivers are available in the Fitness Center or by contacting our Athletic Department Manager, Valerie Phillips, at 617-450-8485.